

3-Week Planetary Path Log Form

Name: _____ Z# _____

Start date: Mon., Feb. 5

Midpoint-reach Mars by: Wed., Feb. 14

End date-reach Pluto by: Fri., Feb. 23



Starting at the sun, follow the path of spaceships as you explore each planet – along with the secret to a healthier, more satisfying life.

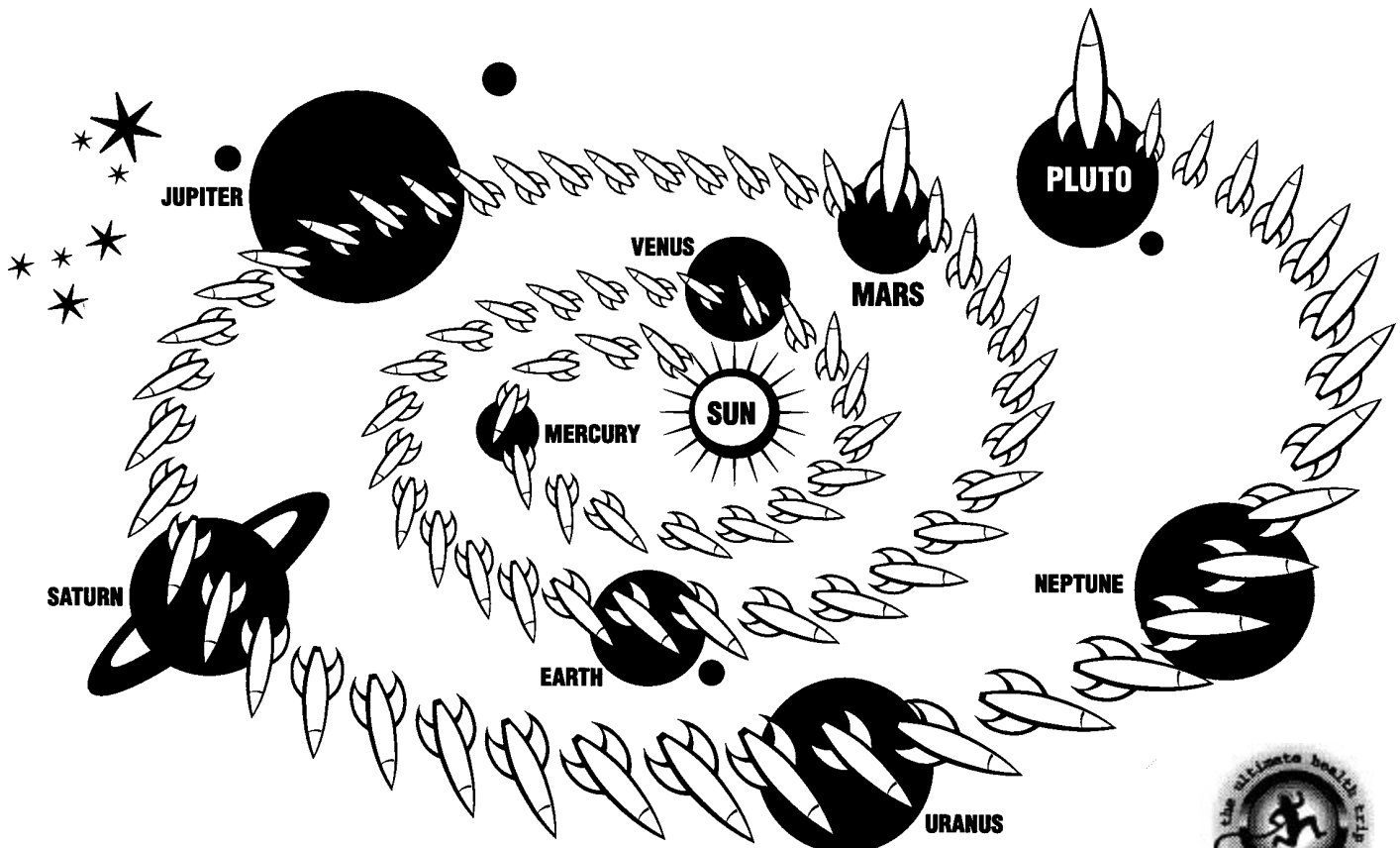


To stay on course, mark off 2, 4, or 6 spaceships for each activity you complete. Be sure to rely on Fitness Boosters - each 5 minutes you exercise earns you another spaceship.



Aim for a Mars landing by the program's midpoint, and to touch down on Pluto by the end of 3 weeks. To stay on schedule, you'll need to average 4-5 spaceships a day.

Limit: no more than 8 spaceships a day.



"My God - it's full of stars!"

- David Bowman, commander of the USS Discovery spaceship,
as he first views the mysterious monolith orbiting Jupiter

